

# Mindset, moving confidently.

## PERSONAL TRANSFORMATION PLAN OF ACTION

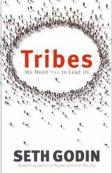
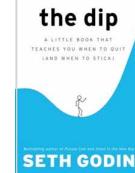
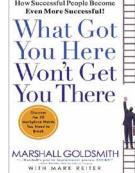
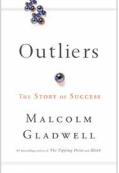
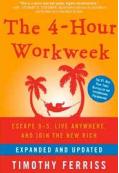
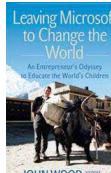
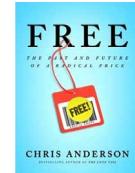
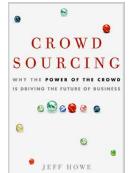
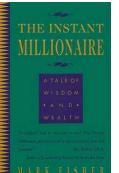
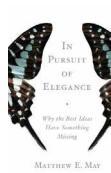
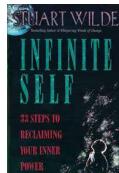
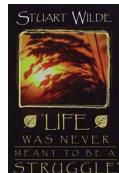
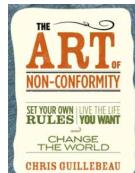
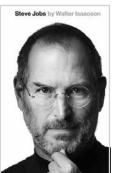
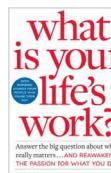
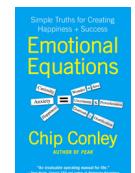
AREA	SPECIFIC ACTIVITY OR ACTION	MONTH OR FREQUENCY
LEARNING		
LISTENING		
NETWORKING		
JOURNALING		
REFLECTING		
EXPERIENCING		
READING		
MENTORING		

**Don't say you don't have enough time. You have exactly the same number of hours per day as Mother Teresa, Leonardo Da Vinci, Steve Jobs, Sir Richard Branson and Albert Einstein.**



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## SELF-DEVELOP YOURSELF: RECOMMENDED READING LIST

							
<b>Tribes</b> Seth Godin	<b>Linchpin</b> Seth Godin	<b>The Dip</b> Seth Godin	<b>The Power of Less</b> Leo Babauta	<b>Rework</b> Jason Fried & David Heinemeier Hansson	<b>What Got You Here Won't Get You There</b> Marshall Goldsmith	<b>Outliers</b> Malcolm Gladwell	<b>The 4 Hour Work Week</b> Timothy Ferriss
							
<b>The Happiness Project</b> Gretchen Rubin	<b>Leaving Microsoft to Change the World</b> John Wood	<b>Free</b> Chris Anderson	<b>The Long Tail</b> Chris Anderson	<b>Ignore Everybody</b> Hugh MacLeod	<b>Crowdsourcing</b> Jeff Howe	<b>Quantum Wellness Cleanse</b> Kathy Freston	<b>The Instant Millionaire</b> Mark Fisher
							
<b>Authentic Happiness</b> Martin Seligman	<b>In Pursuit of Elegance</b> Matthew E. May	<b>The Think Big Manifesto</b> Michael Port	<b>Infinite Self</b> Stuart Wilde	<b>Life was Never Meant to be a Struggle</b> Stuart Wilde	<b>The Art of Non-Conformity</b> Chris Guillebeau	<b>The Perfect Day Plan</b> Josh Sauer	<b>Steve Jobs</b> Walter Isaacson
							
<b>Enchantment: The Art of Changing Hearts, Minds and Actions</b> Guy Kawasaki	<b>What is Your Life's Work</b> Bill Jensen	<b>Emotional Equations</b> Chip Conley	<b>Poke The Box</b> Seth Godin	<b>Dying to Be Me</b> Anita Moorjani			

### WEBSITES:

- [www.ted.com](http://www.ted.com)
- [www.sethgodin.com](http://www.sethgodin.com)
- [www.audible.com](http://www.audible.com)
- [www.getabSTRACT.com](http://www.getabSTRACT.com)
- [www.keithabraham.com/blog](http://www.keithabraham.com/blog)

When you want something, the entire universe conspires in helping you achieve it.

