



Creating Your Life To-Do-List

OVER 150 GOALS TO INSPIRE
YOU TO LIVE PASSIONATELY



keithabraham.com

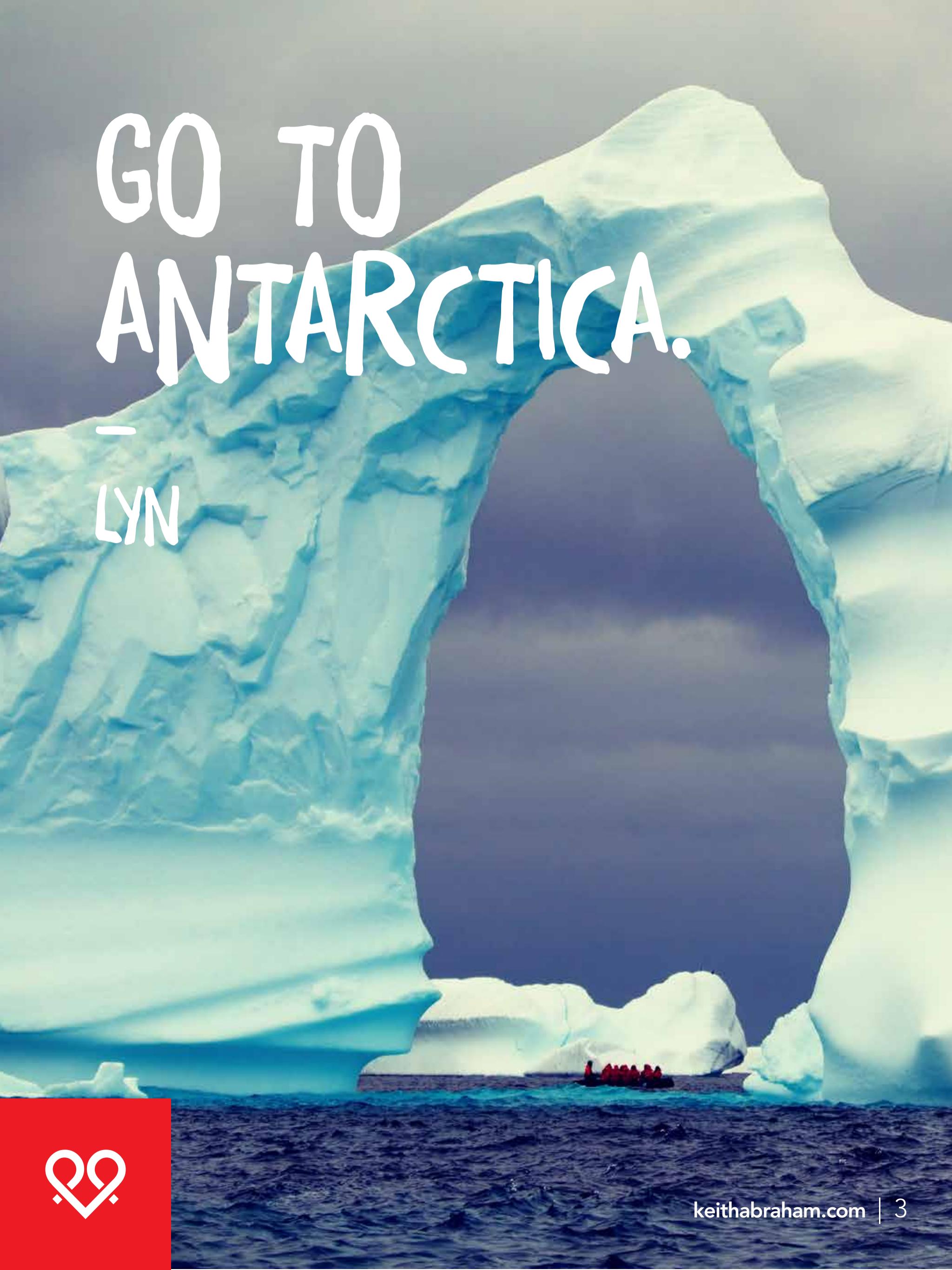
Thank you.

For the valuable contributions to
create this collection of inspirational and
thought-provoking goals.

I hope you can add a few more
to your life list after scrolling through
this eBook.

—
Keith Abraham





GO TO
ANTARCTICA.

—
LYN





Open an animal shelter.

Send my daughter to a private school.



Give each of my kids a major life experience once they finish school.

Attend a U2 concert in Ireland.

Sail the Northern Passage to Norway.

—
Jacqui



Start and finish a 12 week fitness challenge.

Rebuild an old car to run again and be sold.

—
David



BUILD A
PROFITABLE
BUSINESS THAT IS ALSO
A BEAUTIFUL
ORGANISATION FULL OF
HAPPY & FULFILLED
PEOPLE MAKING
THE WORLD A
BETTER PLACE.

Mark





SCALE
MACHU
PICCHU.

—
ATLANTA



Do the Kokoda trail.

—
Peter



House swap in Europe for 3 months.



See cage fighting live.

—
Blair

I want to dress sharp.



Learn Italian.



Be an awesome practitioner of TCM.

Be financially very well off.



DIVE WITH
WHALE
SHARKS.



ATTEND THE
WIMBLEDON
FINAL.

—
JEFF



To be the
first
Australian
EGOT
recipient.



Spend a
week at a
health
retreat.



I want to
take care of
my mother
as she grows
older.

Make 5
new close
friends.

—
Hanna

Stay in an
underwater
hotel.

—
Peter

Learn to
be a child.



Reconnect
with the
French
language.

Build my
team.

HOST A TOUR
GROUP
THROUGH
GREECE.



To make
3 new close
friends
in the next
year.



To retire
completely
independent.



Design and
develop
learning aids
for children.

—
Vicki



Go to
an open air
opera in
Tuscany.

—
Blair

Start
a blog.

—
Kendra

Ride a
motorcycle
the east
west coast
of the USA.



Visit the
Chandon
Winery.

—
Blair

Cooking
class in
France.

TO SEE
AURORA
BOREALIS.



BE IN A
CORPORATE
BOX AT THE
MELBOURNE
CUP.



Volunteer
overseas
in an
orphanage.

Visit a
winery in
the Hunter
Valley.



Sugar,
wheat and
dairy free
diet.

—
Aimie



Live in
Italy with my
family for 3-6
months.

—
Carl



Visit the
Chandon
Winery.

—
Blair

Have my
own
personal
chef.



SPEND A
YEAR LiViNG
iN VENICE.





CRUISE THE
ISLANDS
OF
HAWAII.



Spend a
year in
Paris and
learn French.

—
Kasha



Help new
Australians
become real
Australians.



Open a city
based health
retreat.



Buy an old factory
warehouse to renovate
and design the interior
to live in.

Go to a
basketball
game in
New York.

—
Megan



Be a better
person than
yesterday.

Travel the
world
making a
difference.



LOVE.

—
JACQUI





ATTEND
THE OPENING
CEREMONY AT THE
COMMONWEALTH
GAMES.



Be a great
speaker at a
conference.

—
Keiran



Dance
more.



Live
overseas for
a year.



Celebrate my 25th
wedding anniversary in
the Maldives—currently 22
years and counting.

Opera
House with
blind
Aboriginal
artist
Gurumal.



Volunteer
work in
Africa.

—
Andi

Finish
reading The
Game of
Thrones
series.

WATCH
SLALOM AT
THE
OLYMPICS.





ATTEND
AN AFL MATCH
AT THE
MCG.





Be active daily!

Visit Wales,
Scotland &
Ireland.



Learn
about and
have a good
knowledge
of wine.



Learn
another
language.

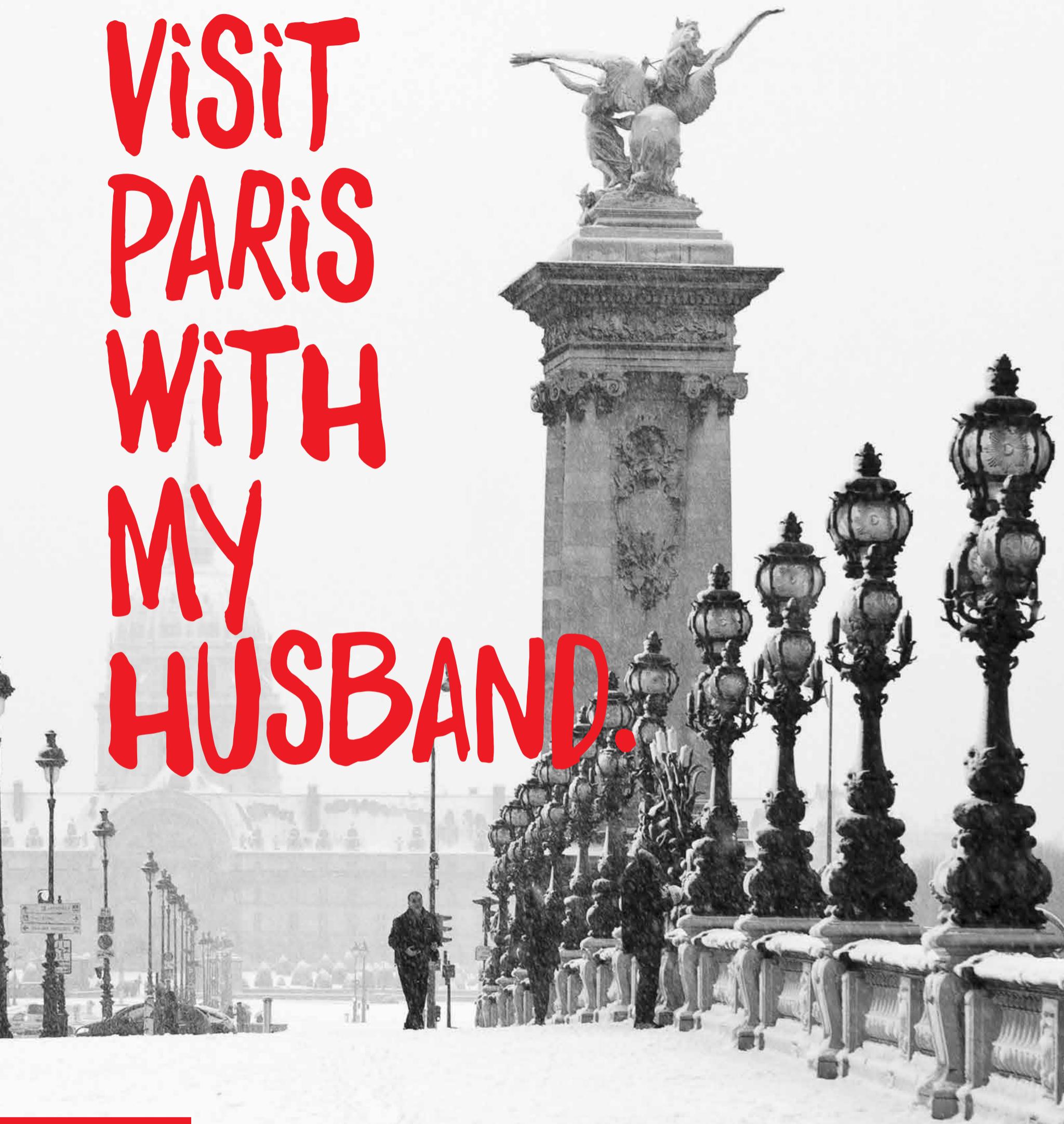
Simplify
my life.

Get
outdoors
in nature
more.

Finish at least 1
marathon a year for
10 years.

—
Carl

ViSiT
PARiS
wiTH
MY
HUSBAND.



A woman in a white wedding dress is sitting on a grassy hill. She is wearing a white lace-trimmed wedding dress and red high-heeled shoes. The background is a lush green hillside with some yellow flowers. The text is overlaid on the left side of the image.

FIT MY
WEDDING
DRESS
IN 10
YEARS
TIME.



Finish my
MBA.

Have a
cocktail at
Copacabana,
Rio de
Janeiro.



Stay
healthy and
cancer free.



Create an
auto-
biographical
movie.

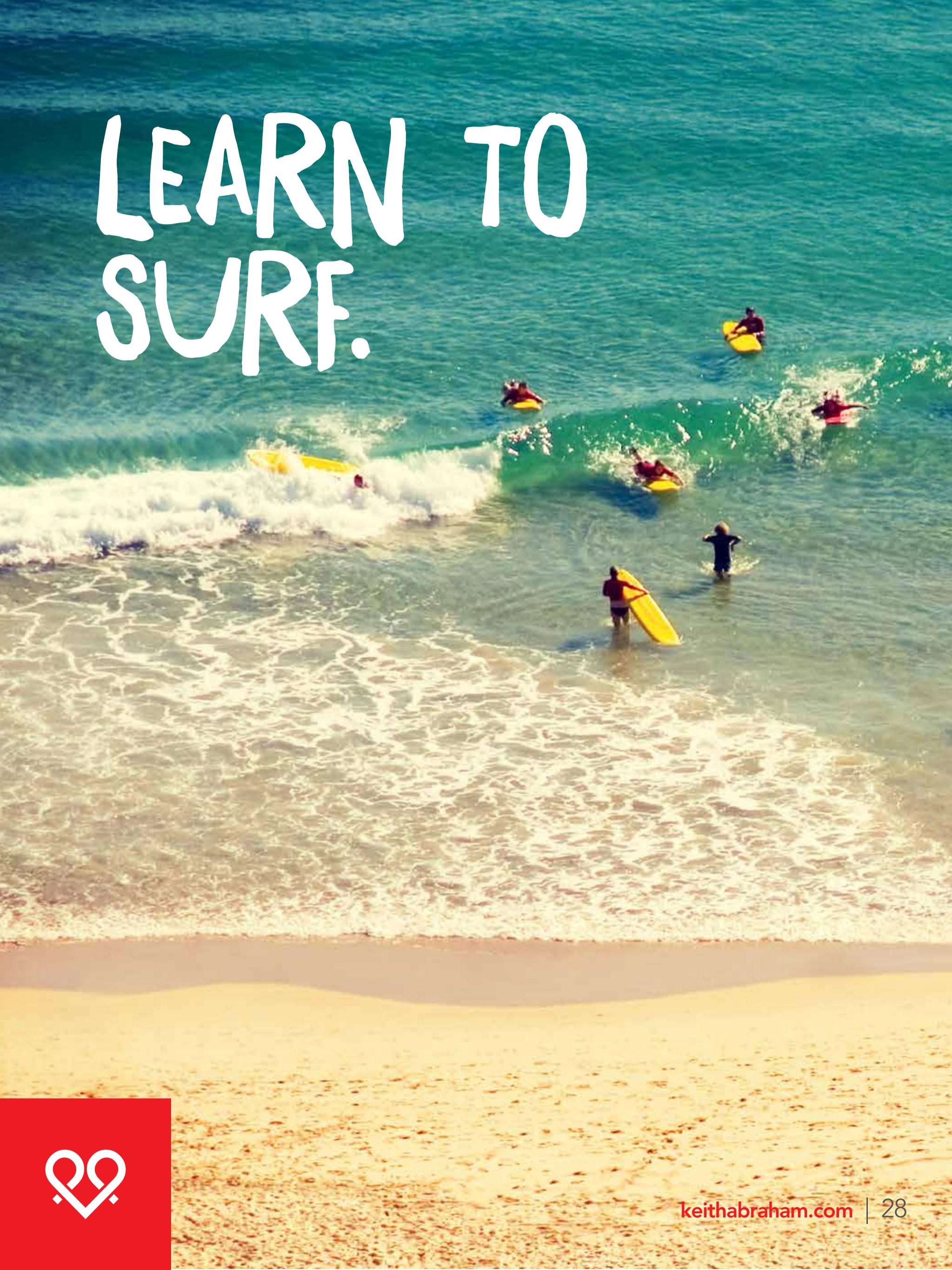


Visit Great
Britain and
see where
my family
came from.

—
David

Learn
Mandarin.
—
Jacqui

LEARN TO SURF.



CLIMB KILIMANJARO.

—
KASHA



Become debt free.



Own a hotel.



Live a great life after surviving a malignant brain tumor.

To live in an old Queenslander in a country town with a view and a big veranda.

Ride a bike around Australia for charity.



Spend a Melbourne Cup in the Birdcage.

Help my partner quit smoking.

—
Aimie

BUY A
PRIVATE ISLAND
AND BUILD MY
DREAM HOME.

—
MARK





Start a website or blog on health.



Live a simpler life.

Complete an Olympic distance triathlon at Mooloolaba or Noosa.

Matt



See the dinosaurs of Western Queensland with my grandkids.



Learn to fluently sign in Auslan.

Ally

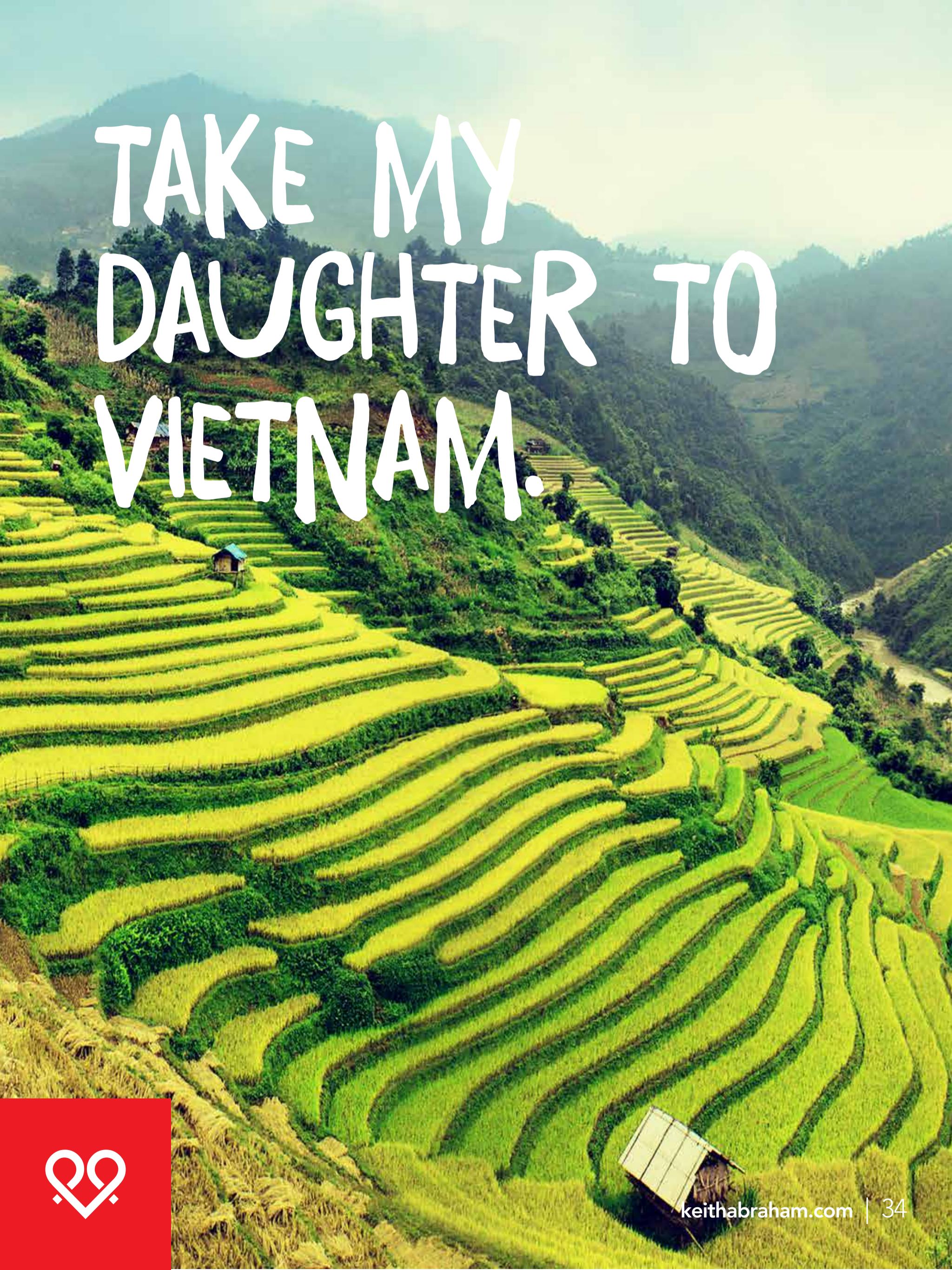
Have my own business.

Go to an Italian café and eat all day.

CREATE
TEACH & DEVELOP
A NEW SYSTEM &
ENVIRONMENT
FOR LEARNING &
GROWING UP.
IT'S ABOUT BODY,
MIND & SPIRIT
A POSITIVE &
INSPIRING APPROACH.

—
Romy





TAKE MY
DAUGHTER TO
VIETNAM.





TRAVEL TO THE GREEK ISLANDS.

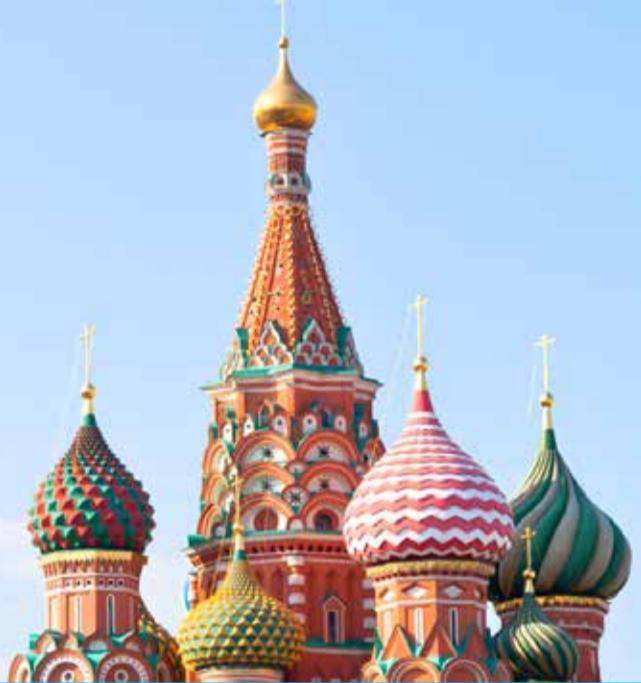




Buy a
condo in
Cabo.

Sail the
South Pacific
in a 50ft
catamaran.

Jill



Travel to
Russia with
my Mum.

Nadia



Finish my
novel.

Megan



Sing in
a band.

Live in
Thailand for
3 months.

OWN A PILATES STUDIO.

—
KENDRA



VISIT THE PYRAMIDS OF EGYPT.



Compete
and finish an
Adventure
Race.



Design
and build
our dream
home.

—
Atlanta



Raise \$100k
for charity.



To live the rest of my life
not being restricted by
a lack of time or money.

—
Steve

Make
3 new close
friends.

—
Ari



Own a
holiday
home.

Work with
Keith
Abraham.

—
Nadia

OWN AN
ARABIAN
HORSE AND
RIDE HER
EVERY DAY.

—
TASH



TRAVEL AROUND ITALY.



To become
a CEO.

—
Keiran

Complete
an ironman
triathlon.



Help
delinquent
kids.

—
S.F.



Watch an FA
Cup soccer
game at
Wembley.



Write a tv
series.

Travel the
world as a
family.

—
Steve

LEARN TO PLAY THE CELLO.

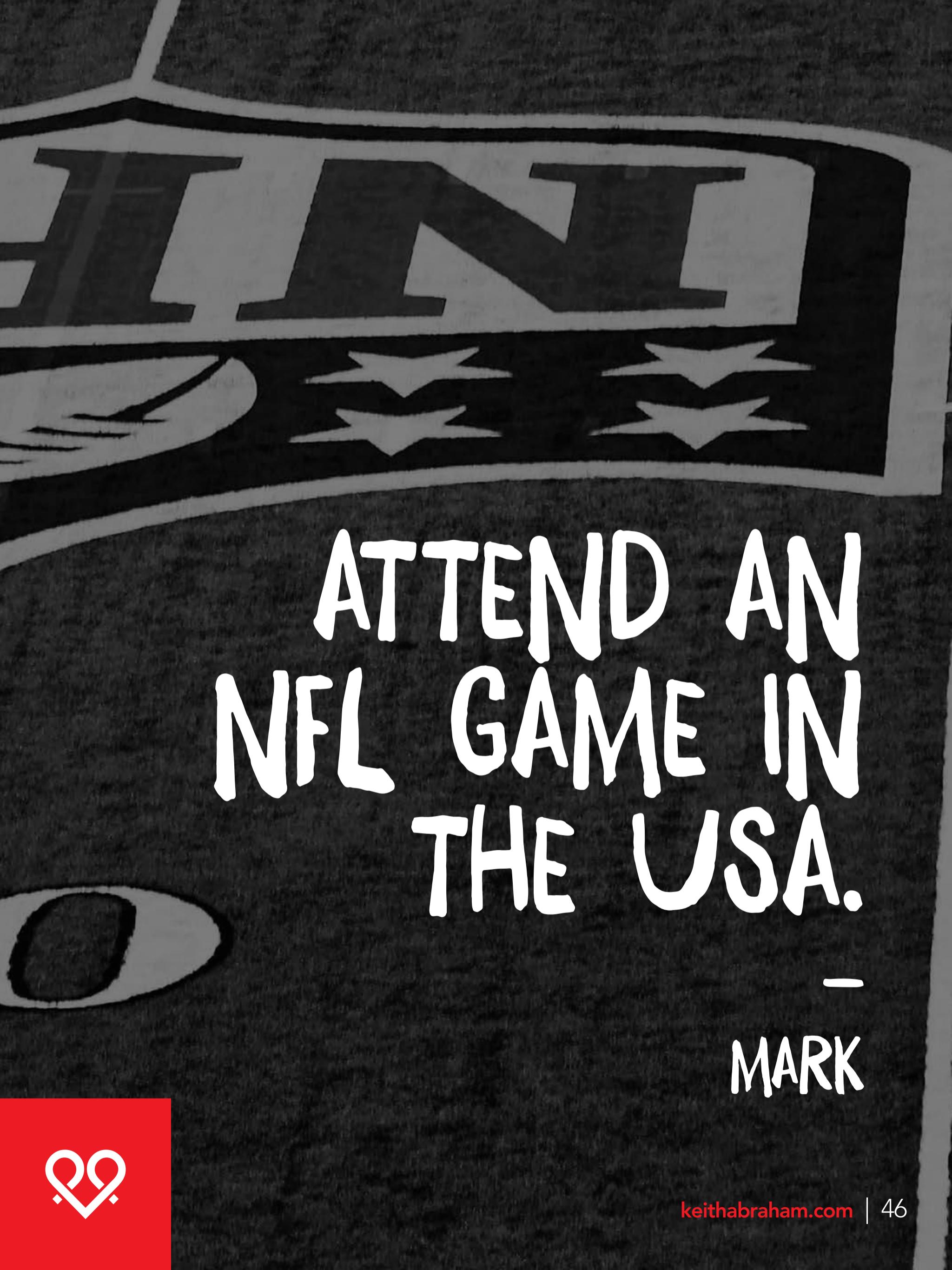


LEARN TO
SOLO OVER THE
CHORD CHANGES IN A
12 BAR BLUES
ON GUITAR, PERFORM
IT ON STAGE
IN FRONT OF
BLUES & JAZZ
LOVERS.



FALL IN
LOVE WITH A
LIKE-MINDED
MAN AND
MARRY ON
THE BEACH.





ATTEND AN
NFL GAME IN
THE USA.

—
MARK



Pamper myself and loved ones daily with essential oils.



Hot lap around Bathurst in a race car.



Create a passive source of income so I can gain more time to achieve my goals.

Achieve my to-do list.



Hug at least 5 people a day.

—
Romy



Create a family tradition.

Live in Sicily for 6 months.

ADOPT A BABY.



LEARN MORE
ABOUT AUSTRALIAN
INDIGENOUS
CULTURES
SO I CAN CREATE
MORE PROGRAMS TO
USE WITH AND IN
COMMUNITIES.



ATTEND A
LIFE DRAWING
CLASS ONCE
OR TWICE A
WEEK.



Achieve clarity.



See AC/DC in concert.



Learn to cook healthy, beautiful, tasty food.



See a jazz concert in New York.



Redo my vision board each year.

Hanna

Become friends with William Fitzpatrick Corgan.



Happy family.

TEACH IN AN AFRICAN SCHOOL.



START AN
ONLINE BUSINESS
— WITH MY —
FAMILY
DOING WITH THEM
WHAT THEY ARE
PASSIONATE
ABOUT.



A wide-angle photograph of a savanna landscape in Africa. In the foreground, a large herd of zebras is grazing in a field of tall, dry grass. Interspersed among the zebras are several antelopes, likely topi or similar, with long, spiraling horns. The background shows a vast, rolling landscape under a clear sky.

SEE THE GREAT
MIGRATION IN
AFRICA.

—
ANDI



Get lost in
Venice for
2 weeks in
spring.



Travel the
world.



Write a
book.



Caravan
around
Australia for
6 months or
more.



Take my
son on an a
surf trip to
Bali.

—
Kevin



Start a
family.

Create and
sell my own
stationery
range.

LIVE IN
CALIFORNIA
FOR 6
MONTHS.





keithabraham.com

