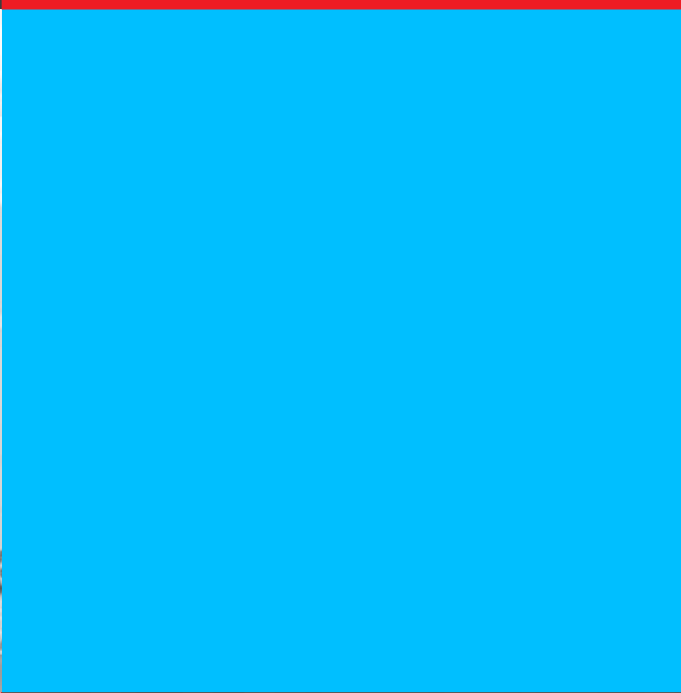


Creating Your Life To-Do-List

—
OVER 150 GOALS TO INSPIRE
YOU TO LIVE PASSIONATELY



keithabraham.com

Thank you.

For the valuable contributions to
create this collection of inspirational and
thought-provoking goals.

I hope you can add a few more
to your life list after scrolling through
this eBook.

—

Keith Abraham



GO TO ANTARCTICA.

—
LYN



Open an
animal
shelter.

Send my
daughter
to a private
school.



Give each of my kids a
major life experience once
they finish school.

Attend a
U2 concert
in Ireland.

Sail the
Northern
Passage to
Norway.

—
Jacqui



Start and
finish a 12
week fitness
challenge.

Rebuild an
old car to run
again and be
sold.

—
David

BUILD A
PROFITABLE
BUSINESS THAT IS ALSO
A BEAUTIFUL
ORGANISATION FULL OF
HAPPY & FULFILLED
PEOPLE MAKING
THE WORLD A
BETTER PLACE.

—
Mark





SCALE MACHU PICCHU.

—
ATLANTA



Do the
Kokoda
trail.

—
Peter

House
swap in
Europe for
3 months.



See cage
fighting live.

—
Blair

White
Christmas.

—
Angela

I want
to dress
sharp.

Learn
Italian.



Be an
awesome
practitioner
of TCM.

Be
financially
very well
off.

DIVE WITH WHALE SHARKS.





ATTEND THE WIMBLEDON FINAL.

—

JEFF



To be the
first
Australian
EGOT
recipient.

I want to
take care of
my mother
as she grows
older.



Make 5
new close
friends.

—
Hanna

Stay in an
underwater
hotel.

—
Peter

Spend a
week at a
health
retreat.

Learn to
be a child.



Reconnect
with the
French
language.

Build my
team.

HOST A TOUR GROUP THROUGH GREECE.



To make
3 new close
friends
in the next
year.

Design and
develop
learning aids
for children.

—
Vicki



Go to
an open air
opera in
Tuscany.

—
Blair

Start
a blog.

—
Kendra

To retire
completely
independent.

Ride a
motorcycle
the east
west coast
of the USA.



Visit the
Chandon
Winery.

—
Blair

Cooking
class in
France.

TO SEE AURORA BOREALIS.





BE IN A CORPORATE BOX AT THE MELBOURNE CUP.



Volunteer
overseas
in an
orphanage.

Visit a
winery in
the Hunter
Valley.



Walk the pilgrimage
of the El Camino
from France to Spain.

—
Tash

Sugar,
wheat and
dairy free
diet.

—
Aimie

Live in
Italy with my
family for 3-6
months.

—
Carl



Visit the
Chandon
Winery.

—
Blair

Have my
own
personal
chef.

SPEND A YEAR LIVING IN VENICE.



CRUISE THE ISLANDS OF HAWAII.



Spend a
year in
Paris and
learn French.

—
Kasha

Open a city
based health
retreat.



Buy an old factory
warehouse to renovate
and design the interior
to live in.

Help new
Australians
become real
Australians.

Go to a
basketball
game in
New York.

—
Megan



Be a better
person than
yesterday.

Travel the
world
making a
difference.

LOVE.

—
JACQUI



ATTEND
THE OPENING
CEREMONY AT THE
COMMONWEALTH
GAMES.



Be a great
speaker at a
conference.

—
Keiran

Live
overseas for
a year.



Celebrate my 25th
wedding anniversary in
the Maldives—currently 22
years and counting.

Dance
more.

Opera
House with
blind
Aboriginal
artist
Gurumal.



Volunteer
work in
Africa.

—
Andi

Finish
reading The
Game of
Thrones
series.



WATCH SLALOM AT THE OLYMPICS.





ATTEND
AN AFL MATCH
AT THE
MCG.



Be active
daily!

Visit Wales,
Scotland &
Ireland.



Finish at least 1
marathon a year for
10 years.

—
Carl

Learn
about and
have a good
knowledge
of wine.

Learn
another
language.



Simplify
my life.

Get
outdoors
in nature
more.

VISIT PARIS WITH MY HUSBAND.





FIT MY WEDDING DRESS IN 10 YEARS TIME.



Finish my
MBA.

Have a
cocktail at
Copacabana,
Rio de
Janeiro.



A life free from financial
constraints—a life where I
have freedom to choose.

Stay
healthy and
cancer free.

Create an
auto-
biographical
movie.



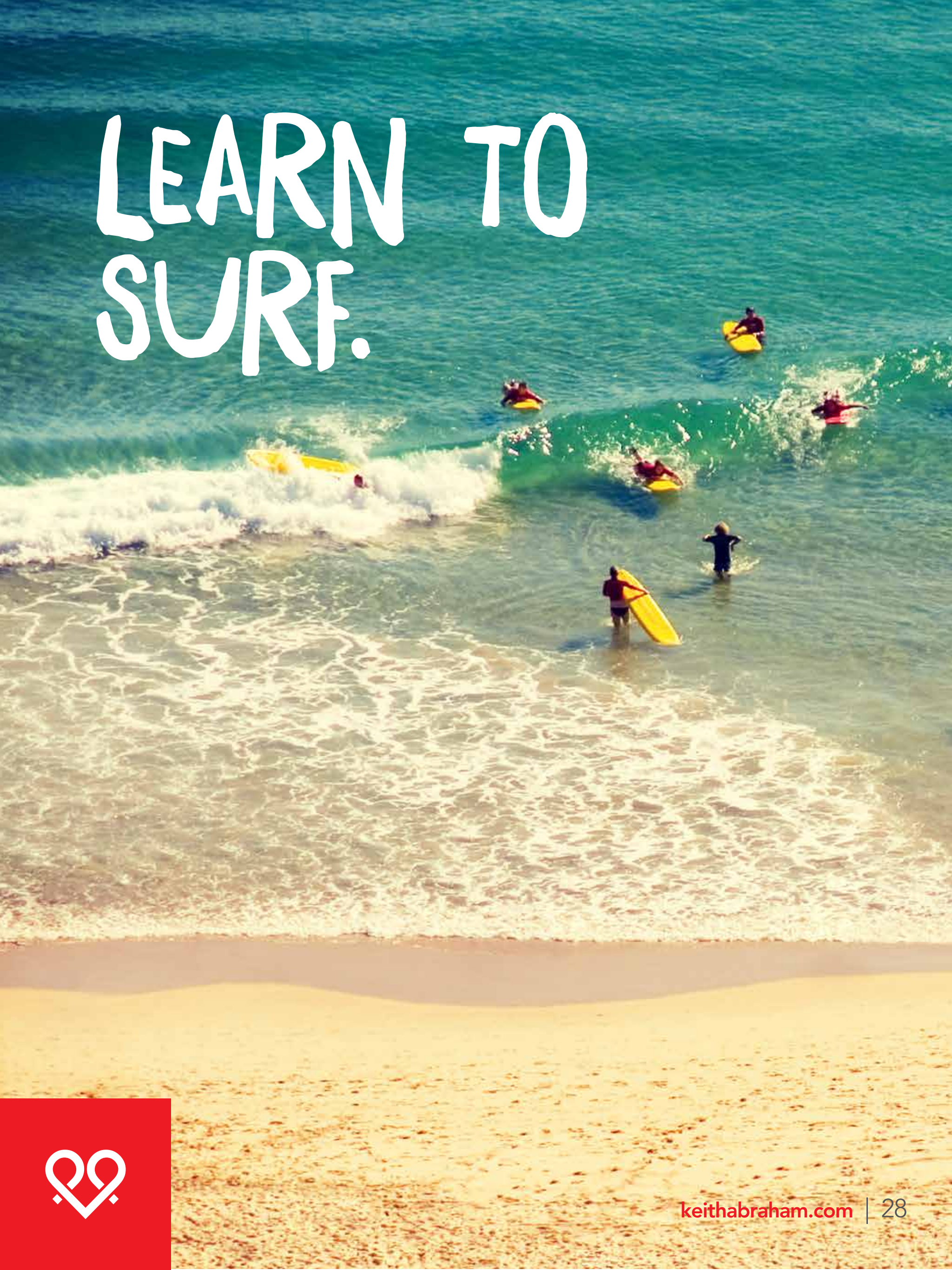
Visit Great
Britain and
see where
my family
came from.

—
David

Learn
Mandarin.

—
Jacqui

LEARN TO SURF.



CLIMB KILIMANJARO.

—
KASHA



Become
debt free.



Live a great
life after
surviving a
malignant
brain tumor.



To live in an old
Queenslander in a country
town with a view and a big
veranda.

Own a
hotel.

Ride a bike
around
Australia for
charity.



Spend a
Melbourne
Cup in the
Birdcage.

Help my
partner quit
smoking.

—
Aimie



BUY A PRIVATE ISLAND AND BUILD MY DREAM HOME.

—
MARK



Start a
website
or blog on
health.

Live a
simpler life.



Complete an Olympic
distance triathlon at
Mooloolaba or Noosa.

—
Matt

See the
dinosaurs
of Western
Queensland
with my
grandkids.

Learn to
fluently sign
in Auslan.

—
Ally



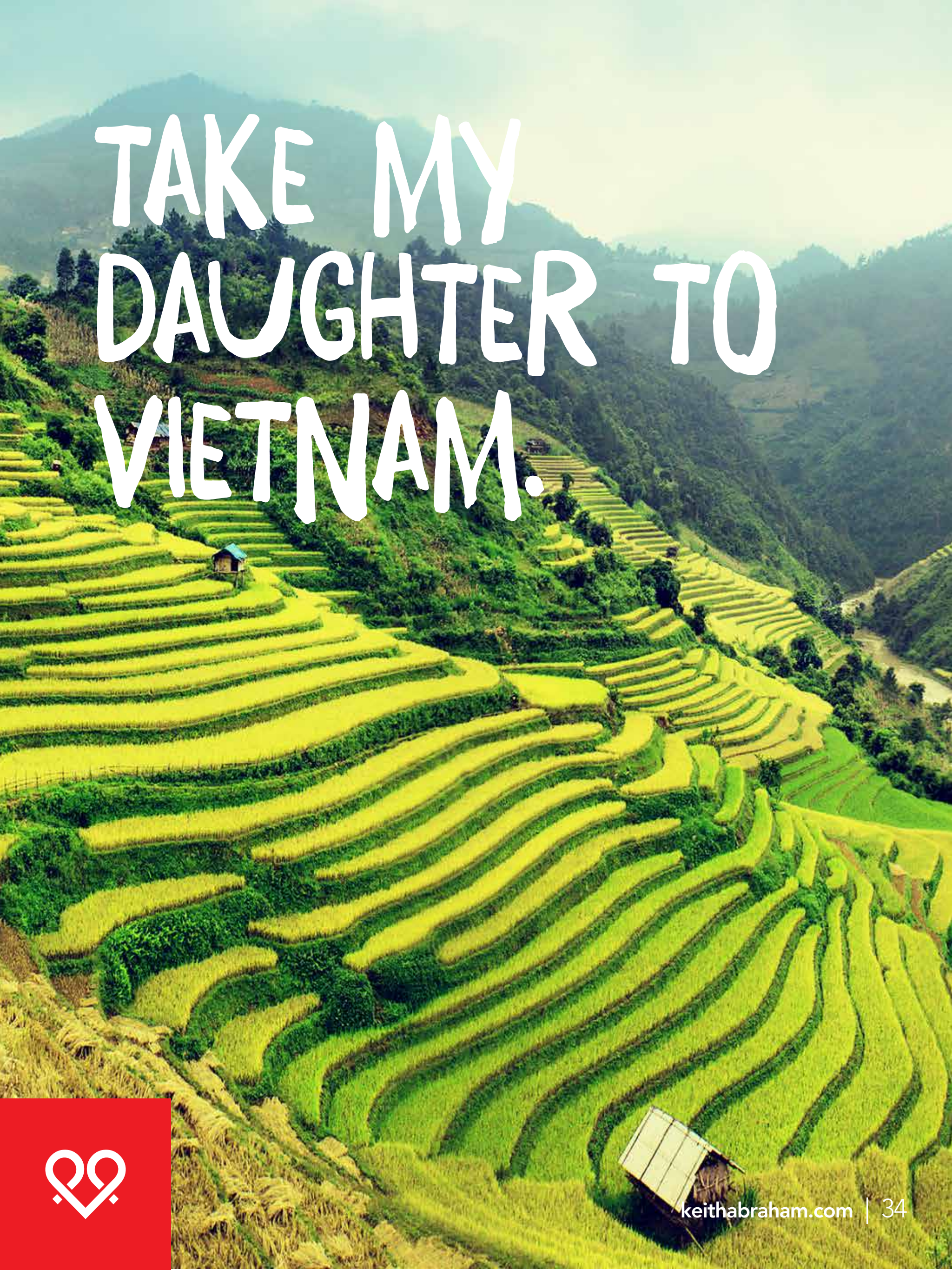
Have
my own
business.

Go to an
Italian café
and eat all
day.

CREATE
TEACH & DEVELOP
A NEW SYSTEM &
ENVIRONMENT
FOR LEARNING &
GROWING UP.
IT'S ABOUT BODY,
MIND & SPIRIT
A POSITIVE &
INSPIRING APPROACH.

—
Romy





TAKE MY DAUGHTER TO VIETNAM.



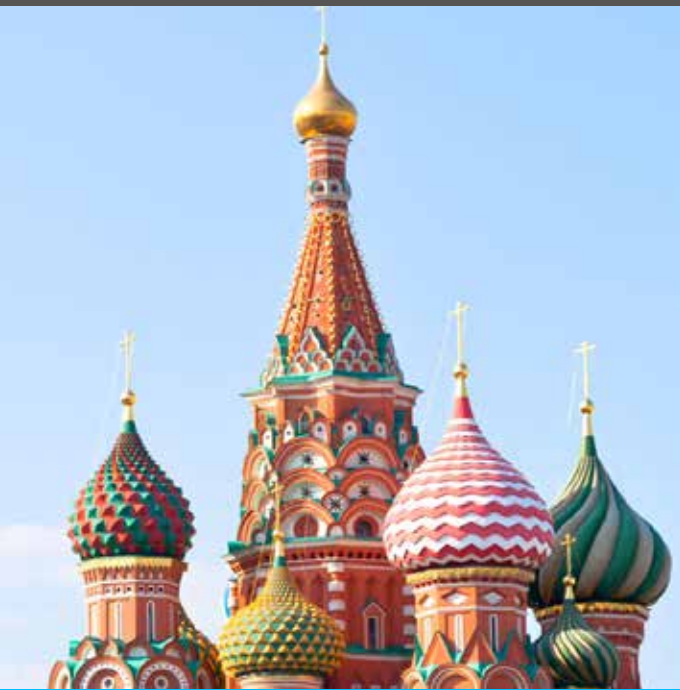
TRAVEL TO THE GREEK ISLANDS.



Buy a
condo in
Cabo.

Sail the
South Pacific
in a 50ft
catamaran.

—
Jill



Watch friends compete
at the Rio Olympics—
actually be there.

—
Mark

Travel to
Russia with
my Mum.

—
Nadia

Finish my
novel.

—
Megan



Sing in
a band.

Live in
Thailand for
3 months.

OWN A PILATES STUDIO.

—

KENDRA



VISIT THE PYRAMIDS OF EGYPT.



Compete
and finish an
Adventure
Race.

Raise \$100k
for charity.



To live the rest of my life
not being restricted by
a lack of time or money.

—
Steve

Design
and build
our dream
home.

—
Atlanta

Make
3 new close
friends.

—
Ari



Own a
holiday
home.

Work with
Keith
Abraham.

—
Nadia

A dark brown Arabian horse is captured in a powerful rearing pose, its front legs tucked up and its body arched. The horse's mane is long and dark, flowing down its neck. The background is a soft, hazy landscape with rolling hills under a sky of warm, golden light, suggesting a sunset or sunrise. The overall mood is majestic and serene.

OWN AN
ARABIAN
HORSE AND
RIDE HER
EVERY DAY.

—

TASH





TRAVEL AROUND ITALY.



To become
a CEO.

—
Keiran

Complete
an ironman
triathlon.



I want people to say “He’s
the one who started me on
the road to success.”

—
P.M.

Help
delinquent
kids.

—
S.F.

Watch an FA
Cup soccer
game at
Wembley.



Write a tv
series.

Travel the
world as a
family.

—
Steve

LEARN TO PLAY THE CELLO.



LEARN TO
SOLO OVER THE
CHORD CHANGES IN A
12 BAR BLUES
ON GUITAR, PERFORM
IT ON STAGE
IN FRONT OF
BLUES & JAZZ
LOVERS.



FALL IN
LOVE WITH A
LIKE-MINDED
MAN AND
MARRY ON
THE BEACH.





ATTEND AN
NFL GAME IN
THE USA.

—
MARK



Pamper
myself and
loved ones
daily with
essential
oils.

Hot
lap around
Bathurst in a
race car.



Create a passive source of
income so I can gain more
time to achieve my goals.

Achieve my
to-do list.

Hug at
least
5 people
a day.

—
Romy



Create a
family
tradition.

Live in
Sicily for 6
months.

ADOPT A BABY.



LEARN MORE
**ABOUT AUSTRALIAN
INDIGENOUS**
CULTURES
**SO I CAN CREATE
MORE PROGRAMS TO
USE WITH AND IN
COMMUNITIES.**



ATTEND A
LIFE DRAWING
CLASS ONCE
OR TWICE A
WEEK.



Achieve
clarity.

Learn to
cook healthy,
beautiful,
tasty food.



See a jazz
concert
in New York.



See AC/DC
in concert.

Redo my
vision board
each year.

—
Hanna



Become
friends with
William
Fitzpatrick
Corgan.

Happy
family.

TEACH IN AN AFRICAN SCHOOL.



START AN
ONLINE BUSINESS
— WITH MY —
FAMILY
DOING WITH THEM
WHAT THEY ARE
PASSIONATE
ABOUT.



SEE THE GREAT MIGRATION IN AFRICA.

—
ANDI

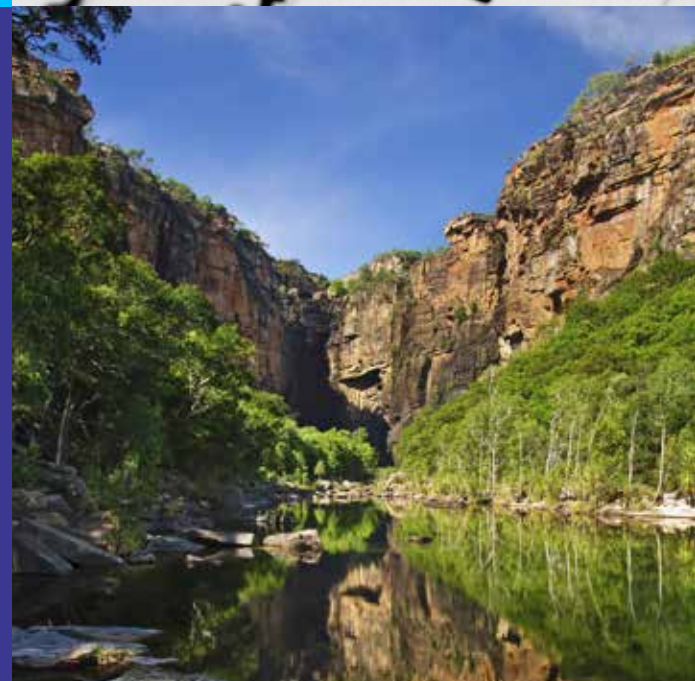


Get lost in
Venice for
2 weeks in
spring.

Write a
book.



Caravan
around
Australia for
6 months or
more.



Travel the
world.

Take my
son on an a
surf trip to
Bali.

—
Kevin



Start a
family.

Create and
sell my own
stationery
range.

LIVE IN
CALIFORNIA
FOR 6
MONTHS.





keithabraham.com

